

## EDITED KSA LISTING

### CLASS: PHYSICAL TESTING & EVALUATION SPECIALIST

*NOTE: Each position within this classification may be required to possess all or some of these knowledge, skills or abilities.*

#	Knowledge, Skill, Ability
	<b>Knowledge of:</b>
<b>K1.</b>	Comprehensive knowledge of the principles and techniques of physical fitness testing and evaluation to effectively assess a candidate's physical condition.
<b>K2.</b>	Comprehensive knowledge of the principles of human anatomy and physiology to effectively assess a candidate's physical condition.
<b>K3.</b>	Comprehensive knowledge of the various methods of aerobic exercise to effectively administer the physical abilities test.
<b>K4.</b>	General knowledge of the significance of basic nutrition and its value to a good physical maintenance program to effectively counsel candidates.
<b>K5.</b>	Comprehensive knowledge of the basic cardiopulmonary resuscitation to ensure the health and safety of candidates and to effectively use medical equipment during an emergency.
<b>K6.</b>	General knowledge of the principles of effective training techniques to effectively counsel candidates.
<b>K7.</b>	Comprehensive knowledge of the proper skin fold measurement techniques to accurately determine a candidate's body fat percentage.
<b>K8.</b>	Comprehensive knowledge of the blood pressure reading before, during and after testing to accurately determine a candidate's blood pressure response.
<b>K9.</b>	Extensive knowledge of the maximal and sub maximal exercise testing techniques to effectively administer the physical abilities test.

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	Skill to:
S1.	Effectively manipulate and calibrate physical abilities testing equipment to ensure you receive accurate results for each candidate.
S2.	Evaluate risk factor and health data to ensure the candidate is capable of performing the physical abilities test.
S3.	Prescribe individualized diet and exercise programs to unsuccessful candidates to prepare the candidate to improve their physical fitness to a level adequate to pass the physical abilities test.
S4.	Give clear and precise instructions to effectively communicate with candidates and other staff.
S5.	Respond effectively and administer basic cardiopulmonary resuscitation in emergency situations to ensure the health and safety of candidates.
S6.	Work cooperatively with others as a team in order to ensure productivity of the unit.
S7.	Work under general supervision to effectively perform the duties of a Physical testing & Evaluation Specialist.
S8.	Conduct training sessions on physical fitness and health maintenance, practices and benefits to improve staff skills and knowledge for the correct application of standards, policies and procedures.

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	<b>Special Personal Characteristics:</b>
<b>SPC1.</b>	Dependability in your career in order to effectively accomplish the mission goals and objectives of the Office of Peace Officer Selection.
<b>SPC2.</b>	Good judgment and integrity in order to think/respond effectively to situations encountered during your duties as a Physical Testing & Evaluation Specialist.
<b>SPC3.</b>	Tact and courtesy in order to communicate effectively with individuals of diverse cultural backgrounds, various professions, and personalities.
<b>SPC4.</b>	Display interest and knowledge of health and physical fitness maintenance in order to effectively accomplish the mission goals and objectives of the Office of Peace Officer Selection.
<b>SPC5.</b>	<b>Neat/Professional appearance when representing the department and performing the duties of a Physical testing &amp; Evaluation Specialist.</b>

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	Special Physical Characteristics:
<b>SPhC1.</b>	Possess and maintain the necessary physical strength to perform the duties of a Physical Testing & Evaluation Specialist (e.g., manipulate and calibrate testing equipment, perform CPR, etc.).

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	<b>Willingness to:</b>
WC1.	Willingness to travel.
WC2.	<b>Willingness to work overtime and on-call hours as required.</b>
WC3.	<b>Willingness to work weekend work shifts (that is, Saturday and/or Sunday shifts) in emergency situations on an as-needed basis.</b>
WC4.	<b>Willingness to travel to work sites away from assigned work location, which could require extended hours of work and/or overnight or multiple-day trips.</b>
WC5.	<b>Willingness to have and maintain a valid first aid and/or CPR certificate.</b>
WC6.	<b>Willingness to participate in on-going education specific to your work assignment.</b>